WHITE RIBBON DAY

On Wednesday 14th August, members of the Under 16’s Tamworth High School Rugby League team went to West Leagues Club to thank them for their sponsorship of teams and the gifting of the venue where the White Ribbon event is to be held. Later that day, members of the White Ribbon Under 16’s Rugby League teams from Tamworth High School, Peel High School and Parry School took part in a meeting which was held at Peel High School and focused on the organisation of the White Ribbon football match and the other events which will happen on the day of the game.

With the help of Miss Gough, Mrs McCrohon and other teachers from both Peel High and Parry schools, the boys were able to cover everything, such as promotion, a curtain raiser game, a game of girls league tag during half time, a BBQ and a number of other things to make the day enjoyable and exciting for the crowd.

We wish for you all to be excited Friday 13th September, just remember if any of you have questions about what White Ribbon Day is, feel free to come ask questions to any of the team members or the teachers helping to organise the event at your school.

Written by Jackson O’Brien and Jessie Aiken - Year 10
Attention Parents and Students of Years 7-10

Brainstorm productions will be coming to Tamworth High School on Monday 2nd of September, 2013 at 9:20am to perform ‘Cyberia’ a play about cyber-bullying, online reputation and safety – it will be amazing!! The play will be interactive, interesting and captivating. This fantastic opportunity is available to all students from years 7-10 at a cost of $3 per/student.

Parents please ask your children for the permission slip and please encourage your children to take part in this fun and educational experience.

If there are any inquiries about the performance please contact Miss Georgina Gough (Student Support Officer) at Tamworth High School on (02) 6765 7888.

CAFETERIA SPECIALS

FOR THE WEEK BEGINNING 26TH AUGUST

CHIKO ROLLS $2.50
POTATO CHIPS $3.00

FOR THE WEEK BEGINNING 2ND SEPTEMBER

NACHOS $4.50
POTATO CHIPS $3.00

ALSO WE NOW HAVE COFFEE $2.50
MOCHACCINO CAPPUCCINO FLAT WHITE ESPRESSO
HOT CHOCOLATE $2.50

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Come in & see the team at HAZELLS!

37 Barnes St
PO Box 3460
TAMWORTH 2340
Ph: 6762 1555
Fax: 6762 0109
Mob: 0428 625 070
Email: sales@hazellsfarm.com.au
The Busy Bee Coffee Shop wishes to acknowledge the support of Baker’s Delight, City Plaza for the delicious Focaccias our staff enjoy so much.

Baker’s Delight is also offering a voucher to receive $1 off your next purchase.

The Coffee Shop continues to develop the skills of our students through a range of activities connected to the Coffee Shop such as, cleaning and assisting with cooking. As the students attain a greater skill level they progress to serving and operating the cash register.

The Lioness Ladies, (who offer a mentoring program to the students), come to the Coffee Shop once a week. On these days, the students are learning to take orders, serve the ladies and discuss many things concerning their education and future employment. These skills are all necessary for the student to enter the work force with confidence.

Thank you to all who support the Coffee Shop.

Tamworth High School P & C Association Inc.
L. Courtney Secretary (THSpandc@gmail.com)

Next P & C Meeting AGM
Tuesday 17th September 6:30 pm in the Cafeteria learning area, enter via Jean Street entrance.

Cafeteria (previously called Canteen)
Thanks to the Year 11 prospective Prefects helping out in the Cafeteria whilst Year 12 are doing their trials.

Country Music Camping
Bookings are rolling in and we look forward to our biggest fundraiser each year. Planning is underway, please contact Karen or Leanne if you would like to help. If you know of anyone wanting accommodation for Country Music @ Camp Tamworth High in 2014 have them email the P & C. If you have friends or relatives who want accommodation for camping email is preferred or forms are available from Front Office or you can call P & C on 0487 114 030 and leave a message.

Stage 4 P & C Scholarships 2014/15
Applications extended to end of August.
P and C again decided to sponsor up to ten scholarships worth $500 each for students entering Year 7 at Tamworth High in 2014. Scholarships are in the areas of academic, sport, music, dance and all rounder categories. If you have a child moving into high school next year email the P & C or ask Mr Woods about applying for a scholarship.

Presentation Night Committee
Thanks to the parents who are meeting with staff each Wednesday after school to organize the Annual Presentation Night - Tuesday 10th December, 6:30pm for 7 pm.
If any parent is interested in being part of this committee and can volunteer an hour after school each week until December, please contact Karen or email the P & C above.
Music lessons: Our lessons will be continuing with the same times and days this term. Please be on time and ready to play. Fees are due by Week 6. We still have spaces for students wishing to learn a Brass instrument or saxophone or violin. Please see Mrs Sullivan.

Band will continue on Monday mornings at 8.30. We accept all new comers, so if you play and instrument, come join us! The band is competing in the Eisteddfod this month so it is important that everyone is at rehearsals.

Choir is continuing to grow but we still need many more voices. Rehearsals are changing to lunch time in Hmus1 on Thursday. Be on time with your lunch and ready to sing. All are welcome there is no audition for the choir all you need is the desire to have fun and make music with others. The choir is working towards the Tamworth Eisteddfod, CAPERS and School Spectacular.

String Group: This is a newly forming group and will be rehearsing on Tuesday lunch in Hmus2. All string players in the school are welcome. I am looking forward to working with this group.

Drum Groups: We have two drum groups. The advanced group will rehearse this term on Friday at lunch in Hmus2. This group is working towards playing in CAPERS.

The second group is a junior group for any student who would like to join us and will be rehearsing Wednesday lunch in Hmus2. This is a beginner group. Again there is no experience required other than a willingness to try and have fun.

Dance: We have had lots going on in Dance both last term and coming up. During Term 1, we had students attend the Regional Dance Camp, and our two Elective Dance classes show their amazing talents in their end of term Assessment Task.

This term is very busy in Dance. We have two workshops with local dance star Kristy Cini here at school. We also have the Tamworth Eisteddfod this term with several groups and ensembles entering. Following this we will begin our preparation for CAPERS… an exciting term ahead.

We also have a number of tickets to the Queensland Dance Academy’s R & J at the Tamworth Capitol Theatre available to any student wishing to see an amazing dance performance on stage.
We are looking for drummers.

Dancers need to be doing Dance for Sport.

Singers need to attend Choir at lunch on Thursdays

String players are needed

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**Immunisation for older children**
- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Childhood Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School Immunisation Program.

**Immunisation for adults**
- A booster for adults is recommended for:
  - Both parents when they are planning a pregnancy, or just after the baby is born
  - Other adult household members, grandparents and carers of infants under 12 months of age.
  - Adults working with young children, especially health care and child care workers.
- New mothers in NSW are eligible for free whooping cough vaccine in the maternity unit after the birth of their children or, if this is not possible, free vaccine is available from their GP within 1-2 weeks after the birth.

**If you are a close contact of someone with whooping cough:**
- If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

**How is it diagnosed?**
Your doctor may ask about your symptoms and whether there you’ve had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

**How is it treated?**
- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
- The cough often continues for many weeks, despite antibiotics.

**What is the public health response?**
Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.
Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

**Identify - Protect - Prevent**
NSW Health whooping cough campaign
For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au

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**Whooping Cough (Pertussis)**
Student Medical Forms

During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up-to-date information on your child’s health.

If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can.

The good news is we have already started collecting some of this information, which means less for you to do.

The new forms will help us collect your child’s important medical information and the introduction of new systems will mean we'll be able to better manage the daily and emergency health needs of your child.

We appreciate your support as we start collecting the information, and if you have any questions please call the school on 6765 7888.

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Clinic

Students should let their class teacher know if they are unwell and they will be given a note to take to the Front Office, where parents/carers will be contacted to pick them up.

If a student is unwell at home, please do not send them to school.

Students should not phone parents to pick them up.

If any new medical conditions are diagnosed eg asthma, epilepsy, heart condition, diabetes etc, the school needs to have written notification from the treating Doctor as well as a health plan for the school to follow when needed.

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Term Dates 2013

TERM 3  (Ten week Term)
Term ends Friday 20th September.

TERM 4  (Eleven week Term)
Begins Tuesday 8th October for Staff and students.

Term ends for all students Tuesday 18th December.

Staff Development days Thursday & Friday 19th & 20th December.

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What Are My CHOICES When I Leave School?

Challenge Community Services are holding a brief information session for young people leaving school at the end of 2013 who may require specialised support to find employment.

OR

For those who require some challenging and meaningful activities to improve their social skills, ongoing education opportunities, access the community and build great friendships.

Who:   School leavers & their Families
When:  Thursday 29th August, 2013
Time:  5pm – 6.30pm
Where:  ‘Allerlei’, 101a Johnston Street, Tamworth
RSVP:  Carol on 6763 1845

Management and staff will be available to answer questions and have a chat over a cuppa. Light refreshments, tea & coffee will be supplied.

These programs are funded by Ageing, Disability & Home Care
Personalised Learning and Support Tool (PLASST) 2013 Trial

During the next few weeks our school, along with other public schools in the area, will be participating in the trial of a new tool (PLASST) being developed by the Department of Education and Communities for teachers to identify the learning and support needs of their students.

This trial is focused on the development of a sound and reliable online tool that, when finalised, can be used by teachers in collaboration with parents and carers to identify the strengths and educational needs of students with additional learning and support needs. This information will assist schools in planning and personalising learning and support for individual students who require adjustments in their day to day learning.

The trial will involve teachers completing an online questionnaire about the educational needs of some of their students. Students themselves will not be required to complete any additional work or be formally assessed as part of the trial. This trial will not impact on students’ education provisions.

Further information about the PLASST trial, including the collection and use of data in the trial, will be provided by the school in a letter to parents and carers.

If you have any questions about the PLASST trial, would like to discuss your child’s involvement or would prefer that your child does not participate, please telephone the school on 02 676 6778.

Telephone Interpreter Service

If you need help with English to make an enquiry contact the Telephone Interpreter Service on 131 450 and ask for an interpreter in your language.

The operator will call the number you provide and get an interpreter on the line to assist you with your conversation. You will
Registration for the 2013/2014 season will be held on Sunday 8th & 15th September at Tamworth Athletics Track - Greg Norman Drive from 12 noon to 2 pm. Registration is $100.00 for the season. Uniforms need to be ordered and paid for on registration day. Proof of birth is required if joining for the first time.

Club nights are held on Fridays starting at 5.30pm with the 2013/2014 season commencing on Friday 11th October and running through 4th and 1st school terms.

All children of different abilities are encouraged to participate and “Be Their Best”. Parent participation is also required in running events and thus it becomes “Family Fun & Fitness”.

For more information www.tamworthlac.org.au
Parent/Students Information Sessions

TVET Parent/Student information sessions are designed to assist parents and students to have a better understanding of how TVET Courses work. Parents and Students are invited to attend an information evening where they can speak to qualified TAFE teachers about undertaking a TVET Course in their chosen field of study for 2014.

These sessions will include:

- course requirements
- qualification outcomes
- pathways to students chosen career
- HSC unit value

Room: K-Block—Futures
When: Wednesday 4th September 2013
Time: 4:30 pm - 6:30 pm

Tickets available from Westdale Public School
Cheques made payable to Westdale Public School
No Eftpos available
Phone: 67607219 Email: westdale-p.school@det.nsw.edu.au
Students Engaging in Criminal Activity

The following message was provided by Mr Trevor Fletcher, Deputy Director-General (Schools). It applies to all students in public primary and secondary schools, including students at Tamworth High School:

Message to students

- All schools have discipline policies that ensure members of the school community behave responsibly and are treated with respect.
- Schools are among the safest places anywhere in the community.
- Students are commended for showing genuine concern for the welfare of their friends and others. Students who share information with staff allow help to be provided to peers who are involved in or considering criminal behaviour.
- Students have often played a key role in preventing crimes and their consequences.
- Unacceptable behaviour can have significant consequences. It is important you are aware of these consequences.
- If students use the internet, emails or mobile phones in a way that is offensive, harassing or menacing, this is a serious crime with heavy penalties, including imprisonment.
- If students use mobile phones to film criminal behaviour that they or their friends are engaged in and then share the film with other people or post it on the internet, it is itself a criminal offence.
- If a student witnesses a crime and records images of a crime on a mobile phone or camera they should give it to the police as soon as possible.
- Having a gun, including a fake gun that looks real, is a serious crime with heavy penalties.
- Having knives or other items that can be used as weapons without a good reason, is also illegal.
- Encouraging other people to commit a crime is itself a crime.
- Being present as part of a group while a crime is being committed by others in a group can lead to all those present being charged, even when some of those in the group did not engage in the specific act of the crime.
- Just because you are a school student does not mean you cannot be held responsible for a crime. Nor does the fact that you are playing a prank or a trick. You can still be punished as a criminal.
- Pranks, particularly if they involve the use of fake weapons, can be very serious in ways that you may not intend. If another person believes that the weapon is real, they could suffer serious harm, such as a heart attack and you could be punished as a criminal.
- If you are found guilty of a serious criminal offence it could have a big effect on your future life – it could affect your work prospects, or restrict your right to travel to some places.
- All students must report to the principal, teachers, the police or other responsible adults any criminal behaviour that they see or that they know is being planned by others. You should not see reporting crime as “dodging in a mate” – such action may in fact save someone’s life or prevent serious injury or damage from occurring.

Further information on this message can be gained from Mr Woods or Mr Rands at the school.