WHAT’S BUZZING
TERM 4 Week 4
Date Issued 31/10/2014

October
31st Year 11 Reports issued
The Buzz - Distribution

November
6th Year 12 Formal
7th Virtual Excursion—State Finals Debating
7th Final day for HSC Exams
12th Aussie Bush Camp Years 7 and 8
14th The Buzz - Distribution
18th White Ribbon Football Gala Day
18th P&C Meeting - 6:30pm - Cafeteria
24th Year 7 Exams
25th Year 9 Exams
26th Year 8 Exams
28th The Buzz - Distribution

December
3rd Orientation Day - 12 noon
5th Gold Awards Ceremony
9th Presentation Night - 6.30pm - Hall
12th The Buzz - Distribution
Years 7 - 10 Reports - Issued

Willis Street, Tamworth NSW 2340
Telephone: 6765 7888
Fax: 6762 1264
Email: tamworth-h.school@det.nsw.edu.au
Website: http://www.tamworth-h.schools.nsw.edu.au
Principal’s Report

The year seems to be progressing rapidly as we reach the middle of Term 4 and race towards the end of 2014! As I write this, the HSC examinations are nearing completion. As mentioned previously, our year 12 students have demonstrated strong commitment to their HSC, attending and attempting their exams diligently. The Year 12 Formal, will be held on the evening of Thursday 6 November at Wests Leagues Club, I look forward to participating in this important final celebration.

Commencing from November 20, junior students will undertake yearly examinations. This is an important opportunity for all students to demonstrate skills and understanding developed throughout the year across a wide range of subjects. May I take this opportunity to wish all students the best of luck for these examinations.

As mentioned in several previous editions of The Buzz, Tamworth High School has been in the process of implementing a range of initiatives aimed at establishing stronger school management structures that enable the provision of even better educational opportunities for all students at THS. The latest innovation is the introduction of the new SENTRAL attendance system which commenced from 20 October, where all roll call groups and timetabled classes have had student attendance checked via a comprehensive digital system. Student attendance is one of the most important contributing factors in a child’s education – Tamworth High School is committed to ensuring all students are provided with the best educational opportunities and parents are well informed about their child’s attendance and educational progress.

Over coming months, and progressing into next year, there will be a stronger focus upon student attendance, including tracking student lateness and unexplained absences. To assist in this process, the school seeks the support of all parents in the following areas:

- If your child is absent from school, please provide a note that provides the reason and dates of absence when your child returns to school.
- If your child is late, please provide a note explaining the reason for the late arrival.

Parents may choose to use the THS ‘App’ to provide a digital note for these purposes OR contact the school by phone. As we proceed with this program, the school will be contacting parents via letter or directly by phone to verify contact details and/or follow-up absence issues. Your support of this important program is greatly appreciated.

Daniel Wilson
Principal
Senior Secondary Student Cards

Students 16 years and older travelling on NSW Trains and coaches require the Senior Secondary Student card to get the student 50% discount fare.

Students need to see SAO to obtain these travel cards.

The Busy Bee Coffee Shop wishes to acknowledge the support of Baker’s Delight, City Plaza for the delicious Focaccias our staff enjoy so much.

Baker’s Delight is also offering a voucher to receive $1 off your next purchase.

The Coffee Shop continues to develop the skills of our students through a range of activities connected to the Coffee Shop such as, cleaning and assisting with cooking. As the students attain a greater skill level they progress to serving and operating the cash register.

The Lioness Ladies, (who offer a mentoring program to the students), come to the Coffee Shop once a week. On these days, the students are learning to take orders, serve the ladies and discuss many things concerning their education and future employment. These skills are all necessary for the student to enter the work force with confidence.

Thank you to all who support the Coffee Shop.

The Marlin’s cre Tamworth Water

It’s that time of the year again when the temperature reaches above 30 degrees! This year I have been privileged to coach a special group of water polo players, a combination of skilful gymnasium and bravo.

Having begun the season last week with a combination of plan and style in which they all dived right in and hope for the best.

The first game was a 5-0 loss but the girls decided a plan of attack. The session on Thursday had the following Monday.

Looking resplendent in their kit, the Marlin’s have confidant of performing well this season! The washing machine on the fritz, half and Bree (Barnacle) Poe, a victory over Calrossy. Brittany, her first game for the season saw them win.

There will be more articles to the rise of The Marlin’s.

‘Just keep Swimming’
Mr Vereyken
Park Improvements

Last week the Prefects and ED students were involved in a community event where they worked with students from Westdale to plant trees in Granny Monroe Park. The students worked hard digging holes, planting and mulching. They then had a BBQ lunch with some local community members. Thanks to Mr Pett for driving the bus.

Mrs Roser

The school is checking that correct footwear (or other material comparable in accordance with Australian/NZ Footwear) is required these are:
- Industrial Arts and trade
- Science laboratories
- Canteen or Food Technology

These areas include classrooms with practical activities (including use of paints). The agriculture plot is an area that they have Sport or a Physical Education and Communities has sports activities and must be offered alternately.

The Tamworth High School Parent Executive have agreed to accept a school uniform. Students are now allowed to sport or a Physical Education and Communities has sports activities and must be offered alternately.

INCORRECT
What’s Happening in the Creative Arts Faculty

Stage Band: The THS Stage Band is starting again. We are in need of a guitarist and a bass player. Any students interested in joining please see Mrs Sullivan in the Music Staffroom or Music Classrooms. Rehearsals will be Tuesday lunchtime in HMus2.

Music Lessons: Our lessons will be continuing on Wednesdays & Thursdays from 8.30am in the Hall. Please be on time and ready to play. Fees are now due.

Guitar Group: Continuing during lunch time on Friday in HMus2.

Violin: Lessons continue on Wednesday mornings - See Mrs Sullivan for more information if you would like to learn the violin

Band will continue on Monday mornings at 8:30am in HMus2.

Choir: All members of the Choir are needed at rehearsals on Tuesday mornings at 8.30am in HMus1.

Drum Groups: The group will rehearse this on Wednesdays at lunch in HMus2.

White Ribbon Day

Tamworth High School, Pee join us for White Ribbon Day

We will be holding a Gala Fundraiser, White Ribbon Ultra Marathon.

The day begins at 11.30am with registration.

The events will be held at Pirie Park.

Gold coin donation at the gate.

The Tamworth Community are invited to enjoy a BBQ, entertainment and company, as we raise Awareness of White Ribbon Day.

Items of Interest

Public speaking made easy!
Many people rate speaking in public as an important skill for kids to master. Help them off with News in Kindergarten and skills from an early age. Help presentations at home will really benefit. Here are practical tips any parent can use...

Motivating “laid-back” children
Why do some children prefer to tear around the sports field? or play with the computer, and get a little physical activity? Here are tips to encourage those children to get active:

Find out more: http://bit.ly/1s5
Year 7 to 10 Examinations

Examinations will be held in Weeks 7 & 8. Students who are absent in Week 8 will sit their examinations on Thursday 20th November. Year 10 students away in week 7 must report to the Hall on Monday 24th November 2014.

Examination Procedures - Students
Students have the responsibility to check the examination timetable and ensure that they know when their examinations are to be held. Students will bring pens, ruler, calculator, pencils, eraser, sharpener and any other necessary and approved equipment. This equipment must be in a clear plastic bag. Students may bring water in a clear drink bottle. Paper will be supplied.

The examinations will be held in the school hall. Students should move to the front car park doors of hall immediately the bell rings for class. Students are to have their mobile phones switched off. Electronic devices are not permitted in the examination room. This means that you must remove all devices from your person.

Students must remain silent from the time that they enter the examination room until they leave the examination room.

Exam Timetable – Year 10

<table>
<thead>
<tr>
<th>Day</th>
<th>Thursday 20.11.14</th>
<th>Friday 21.11.14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year</td>
<td>Year 10</td>
<td>Year 10</td>
</tr>
<tr>
<td>9:00am – 9:10am</td>
<td>Mark roll</td>
<td>Mark roll</td>
</tr>
<tr>
<td>Session 1 9:15am – 11:15am</td>
<td>English</td>
<td>Geography/History</td>
</tr>
<tr>
<td>11:20am – 11:35am</td>
<td>Break</td>
<td>Break</td>
</tr>
<tr>
<td>Session 2 11:40am – 1:40pm</td>
<td>Science</td>
<td>Maths Finish 1:10pm</td>
</tr>
</tbody>
</table>

A Healthy Schools Project

Empowering Young People

To empower others means to make them more confident, especially if they have been altered or enhanced over cultural change and process.

Research suggests that on-going opportunities that encourage and empower them in a safe environment may be the solution.

Ways in which adults can encourage confidence and become more engaged:

**Engaging Youth**: encouraging the things that are happening in initiatives such as involving youth by constantly emphasising change in school or around the home.

**Involving students in leadership**: This enables youth to be speaking up for something, negotiating change with adults, and involving students in leadership roles. This may enable youth to be more confident and become more engaged in interpersonal skills.

If you would like more resources, please see the links below:

1:https://www.healthiergenerations.org/empower_young_people/
3:http://wellbeingaustralia.com/
Foster and Kinship Forum—Tamworth
Next meeting is scheduled for Wednesday 3rd December 2014
11.30pm —1.30pm

What is the structure of the program?
The program is run over nine 2.5-hour sessions run fortnightly.
Telephone follow-up is conducted between sessions and after
completion of the program.

The program sessions will explore:
Understanding the impact of trauma and attachment difficulties.
Skills in building a firm relationship foundation with your child such as
“special play” and emotion coaching.
Developing safety plans and plans to look after you.
Problem solving techniques and strategies to optimise compliance
Using limits to manage anxiety.

Guest Speakers
Sue Hombsch - Speech Pathologist, Tamworth Community Health.
Guy Porter - Psychologist, Dept. of Education, NSW Public schools
Quentin Dignam - Senior Clinical Psychologist, CAMHS
Jodi Barton - Psychologist, FaCS FTamsTamworth TaTTamworth

Where:
Tamworth Community Health
“ Boronia Room”
Johnson House
101 Johnston St
TAMWORTH

Contact:
Sarah McMurtrie
OOHC Coordinator
NSW Public Schools
Ph: 67 555 045

<table>
<thead>
<tr>
<th>Day</th>
<th>Monday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year</td>
<td>Year 7</td>
</tr>
<tr>
<td>Period 1</td>
<td>Science</td>
</tr>
<tr>
<td>Period 2</td>
<td>English</td>
</tr>
<tr>
<td>Period 3</td>
<td>Maths</td>
</tr>
</tbody>
</table>

Senior Mathematics

Attention Senior Mathematics Students

All Year 11 and 12 students are encouraged to come to:

Week 1
Day 24.11.14

Week 2

There will always be a Mathematics Exam Timetable available.

Exam Timetable – Year 11 and 12 2014

Day

Monday

Year

Year 7

Period 1

Science

Period 2

English

Period 3

Maths
Tamworth High School
P & C Association Inc.

secretarythspandc@gmail.com

P&C Stage 4 Scholarships- Applications have now closed. Thank you to everyone who has sent in applications. Successful recipients will be notified in Term 4. We look forward to meeting the parents of these students and working with them in 2015.

Sale of the new bucket hats and caps is progressing well. Remember the $10 cost is only available while current stocks last or until the end of Term 4.

School jackets have arrived into the Uniform Shop and are available for $75.

Country Music is around the corner. Anyone interested in helping the P&C with cleaning duties between 16/1-26/1/15 please text your interest to 0487114030. Shifts are approx. 1hr. All money raised goes directly to our students’ education.

Next P&C Meeting: Our next meeting will be Tuesday 18th November in the school cafeteria. 6:30pm start. Come and make a difference to your child's schooling!

Canteen Helpers: Urgently needed. If you are able to assist please contact Canteen Supervisor Mrs Judy Watson on 6765 9602.

Parent email addresses required!
The school is currently compiling a data base of parent email addresses. This will allow us to notify you of special events, information evenings, P&C meetings etc.

If you would like to receive emails from the school please either send an email to the school at tamworth-h.school@det.nsw.edu.au or contact the school on 6765 7888.

CAFETERIA:

WEEK COMING UP:

Chicken Chippees
Potato Wedges, Chips and Sweet Chilli Sauce
Custard Tart

WEEK COMING UP:

Mini Chicken Sausages
Rissoles, Chips and Caramel and Caramel Custard Tart

ALSO:

Chicken Burgers
Fresh Fruit Salad
Fresh Yoghurt

MONTHLY SPECIALS:

Soft Serve

Also try our new arrival, see the whiteboard!