WHAT’S BUZZING
TERM 4 Week 8
Date Issued 28/11/2014

Tamworth High School
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December
3rd Orientation Day Year 7, 2015 - 12.30pm - 3.00pm
5th Gold Awards Ceremony -THS Hall - 2.00pm - 3.20pm
7th U15’s Water Polo Knock-out - Raymond Terrace
8th U15’s Water Polo Knock-out - Raymond Terrace
9th Presentation Night - 6.30pm - Hall
12th The Buzz - Distribution
17th Last day for students

January
27th Staff Return
28th Prefects, Year 7, Year 11 and new enrollments
29th Years 8, 9 and 10 return

Boys Hockey Score Another Win

The Open Boys hockey team who earlier in the year won the New South Wales Combined High Schools State Knockout received another award last week. At the Tamworth Regional Council Sports Awards held on November 20, the team were named as the Young Sports Team of the Year for this region.

Joshua Worpel, team captain, was on hand to receive the trophy and a voucher for $100 worth of sports equipment.

In the photograph, Year 11 student Dylan McClelland is pictured with Mr Wilson and Mr Allen after presenting the trophy to the school.
Principal’s Report

The year is quickly coming to an end as we race towards the end of term 4! Our junior students have just completed their yearly examinations and reports are being finalised. It is a credit to the students of Tamworth High School that they are able to undertake these important assessments in such a positive manner – well done to all!

At this time of the year, we are very busy with important events such as year 7 2015 Orientation Day, the Annual Sport Assembly, Presentation Evening. These events don’t just happen by chance - they take a lot of planning and organisation by a significant number of teaching and support staff. In advance, may I take this opportunity to thank everyone involved for the extra effort provided to ensure these events are as successful as they always are. A special thanks goes to Mrs Dixie Ernst who took over the external sports coordination position from Mr Smith. She has done an outstanding job organising the Sport Assembly.

As mentioned in previous editions of ‘The Buzz’, Tamworth High School staff have been focussing our efforts on improving the level and quality of communication with parents across a wide range of areas. The school has been working on several policies and handbooks designed to provide parents and caregivers with better quality information in order to support the education of all students at Tamworth High School. As a part of this process, we are streamlining the method of collecting permission notes and general information about students via a new ‘General Permission Note’. This document will be distributed at the commencement of each year starting 2015 and will cover a wide range of issues in one document.

Parent/Caregivers will be asked to complete the various questions in order to provide permission on a wide range of issues including:

- Minor excursions
- Media publicity
- Special Religious Education (SRE) involvement
- Contact sports
- Swimming activities
- Acceptable use of technology agreement (mandatory for access to school technology)
- Flexible leave permission (senior students)
- Private travel (senior students)

By completing this form and having their child return the General Permission Note, parents will be able to quickly and conveniently inform the school of their decisions regarding a wide range of activities for their child. Parents will be able to revise/adjust decisions at any time.

Daniel Wilson
Principal
Senior Secondary Student Cards

Students 16 years and older travelling on NSW Trains and coaches require the Senior Secondary Student card to get the student 50% discount fare.

Students need to see SAO to obtain these travel cards.

The Busy Bee Coffee Shop wishes to acknowledge the support of Baker’s Delight, City Plaza for the delicious Focaccias our staff enjoy so much.

Baker’s Delight is also offering a voucher to receive $1 off your next purchase.

The Coffee Shop continues to develop the skills of our students through a range of activities connected to the Coffee Shop such as, cleaning and assisting with cooking. As the students attain a greater skill level they progress to serving and operating the cash register.

The Lioness Ladies, (who offer a mentoring program to the students), come to the Coffee Shop once a week. On these days, the students are learning to take orders, serve the ladies and discuss many things concerning their education and future employment. These skills are all necessary for the student to enter the work force with confidence.

Thank you to all who support the Coffee Shop.

Cancer Council Donation

On Monday, 17 November Amy Walker who is the Community Relations Coordinator for the New England area was presented by Sarah Wood and Maree Vongphachan with a cheque from funds raised from the Footy Colours Day in June.

Students from the SRC have nominated that the funds go towards cancer research.

Ms Warden

Taronga Zoo Work Experience Program

Are you interested in spending time at the Zoo in 2015? Expressions of Interest are now being accepted for Taronga Zoo’s annual work experience program. The program normally goes for one week and one lucky student from THS can attend. You must provide your own transport and accommodation in either Sydney or Dubbo. Collect forms from Ms Daley ASAP. Application forms need to be in by the end of term 4, 2014.

Ms Daley
Introducing Our Captains, Vice Captains and Prefects for 2015

Jack Pickering  
Captain

Brooke Fishenden  
Captain

Timothy Hassan  
Vice Captain

Paiton Muller  
Vice Captain

Jessica Berman  
Prefect

Jackson Crelley  
Prefect

Tyrone Cross  
Prefect

Lucy Davis  
Prefect

Stephanie Fulwood  
Prefect

Brittany King  
Prefect

Abby Lewis  
Prefect

Dylan McClelland  
Prefect

Foster and Kinship Forum—Tamworth
Next meeting is scheduled for Wednesday 3rd December 2014
11.30pm — 1.30pm

Guest Speakers

Sue Hombsch - Speech Pathologist, Tamworth Community Health.

Guy Porter - Psychologist, Dept. of Education, NSW Public schools

Quentin Dignam - Senior Clinical Psychologist, CAMHS

Jodi Barton - Psychologist, FaCS FTamsTamworth TaTTamworth)

What is the structure of the program?
The program is run over nine 2.5-hour sessions run fortnightly.
Telephone follow-up is conducted between sessions and after completion of the program.

The program sessions will explore:
Understanding the impact of trauma and attachment difficulties.
Skills in building a firm relationship foundation with your child such as “special play” and emotion coaching.
Developing safety plans and plans to look after you.
Problem solving techniques and strategies to optimise compliance
Using limits to manage anxiety.
Relationship repair

Where:
Tamworth Community Health
"Boronia Room"
Johnson House
101 Johnston St
TAMWORTH

Contact:
Sarah McMurtrie
OOHC Coordinator
NSW Public Schools
Ph: 67 555 045
CAFETERIA SPECIALS

Week Commencing 1-12-14

Scallops $1.00
Butter Chicken $5.00
Finger Bun $1.50

Week Commencing 8-12-14

Chicken Mini Skewers $1.50
Wedges-s/cream and sweet chilli sauce $5.00
Caramel Tart $2.00

Chicken Burgers still available on order before 11am $5.00

INTRODUCING OUR NEW RANGE OF HOT FOOD

Cheese and Bacon Sausage Rolls $3.00
Chicken Roadie Pie $3.50
Potato Pie $3.00
Pastie $3.00

Monday Meal Deal Special
Hot Dog with Sauce or Mustard
Plus can of soft Drink $5.00
Student Organisations

The four student organisations within Tamworth High School student body; the Prefects, Interact, SRC and AECG have worked in conjunction to collect non-perishable food items donated by students and staff to fill four large food hampers. These hampers were donated to Major David Rogerson of the Salvation Army and will be dispersed to those families struggling this Christmas and local farming families affected by drought. This organisation works tirelessly to support individuals and families in many and varied ways to ensure the basic essentials for living are met. It is a wonderful opportunity for the students to assist in a small way to support those ‘doing it tough’ within our local community.

The Salvation Army will provide up to 120 food hampers this Christmas and Christmas lunch for 30-40 people experiencing difficult circumstances.

On the 6th of December the Ulysses Motor Cycle Club will hold its annual Toy run which will culminate at the Salvation Army Church, donating an array of toys which ensure that many young children will enjoy a special Christmas this year.

Students in Photo
Front Row l-r Prefect Katie Robinson, SRC Chloe Allwell, Major David Rogerson, SRC Joshua McCulloch & AECG Hollie Taggart
Back Row l-r Prefect Jessica Berman, SRC Sarah Wood, Maree Vongphachan, Luke Berman,

Interact: Celine Berger (absent)
Ms Warden

Planning for the future

Throughout your child's school life you'll need to make choices about aspects of their education and future. Here’s a selection of tips to help you plan for parent-teacher talks, subject selection, careers advice and back-to-school.

Changes to the Secondary Schools Tax File Number Program in 2015

The Secondary Schools Tax File Number (TFN) Program will not continue beyond 31 December 2014. This means that School TFN forms will no longer be processed beyond this date.

How students can apply for a TFN from 1 January 2015

The Australian Taxation Office in partnership with Australia Post is making it easier for individuals to apply for a TFN.

Students can now apply for a TFN online and have their identity verified through an interview at a participating Australia Post office.

Applying online is the fastest and most convenient way for students to get a TFN. More information on applying online can be found at ato.gov.au by searching for ‘QC27248’

Students who are unable to visit a participating Australia Post office will need to complete the application form Tax file number - application or enquiry for individuals form (NAT 1432). More information about lodging this form can be found at ato.gov.au by searching for ‘QC22604’.

Comprehension help for teens

Maths tips for tweens
Kids who find maths easy in the early years of school can be turned off quickly if they get confused and can't work it out. Here are 10 ways to get your tween through the more challenging times. Maths tips: http://www.schoolatoz.nsw.edu.au/homework-and-study/mathematics/mathematics-tips/tips-for-tweens-who-find-maths-hard

Time to party
While most parties go off without a hitch, celebrations can go wrong and get out of hand – particularly if the party is unplanned. Here are tips to help ensure your teen and their friends have fun but stay safe. Time to party: http://www.schoolatoz.nsw.edu.au//wellbeing/development/time-to-party

Tamworth High’s Gift to Sannohe

Sannohe Senior High School has just sent through this photograph of members of their Student Council with the framed Aboriginal painting that Tamworth High students presented to the Sannohe School in July during our interschool visit to Japan.

The original painting by a local artist (Jyler Nean’s dad) was warmly received by the school and they arranged for it to be framed and displayed in a prominent spot in the school that all students pass by.

The Sannohe staff and students were very impressed with the art work and proudly show it off to all visitors.

Mr Allen
The Halogen Leadership Conference

Last week the four school captains headed to Sydney for the annual Halogen Leadership Conference. This year the conference was held at Olympic Park (in 40° heat) and was attended by approximately 2300 students from across NSW.

The students were spoken to by a number of influential speakers who shared their stories of failure and success.

Speakers included: Alex Malley the CEO and Author of the “Naked CEO”, Lucy Thomas who helped aid and build schools in 3rd world countries, Jeremy Rolleston former Wallaby and Australian Winter Olympian in the sport of Bob-Sleigh, and Rebekah Campbell, Annabelle Chauncy and Genevieve Clay-Smith three woman in business.

As well as the educational and inspirational aspect, it was an interesting experience that involved spilt frappes', Sydney's hot, smelly and jam packed trains, thigh sweat, lost retainers and DS games.

Thank you to the P&C for purchasing the tickets for the conference.

Northern Schools Steer Competition

Last week 19 schools comprising of 270 students from the region headed to Walcha for the annual Northern Schools Steer Competition. This year it was hosted by Walcha Central School and was a very successful and well organised couple of days.

Agriculture students from Years 9, 10 and 11 have been breaking in and feeding two Murray Grey steers (purchased from Heath Birchall, Duri) for the last two terms. While they proved to be a little more difficult than last year’s steers, with the help of the Ag Assistant Peter Jones, the students rose to the challenge and got them to the competition. Twelve Tamworth High students from Years 9, 10 and 11 attended the competition.

On Wednesday we arrived, the steers were weighed and washed. Then students participated in the Parader’s Competition where each student was judged on their ability to lead and show off the animal. Emmie Smith of Year 9 made the final for the 15 years.

Following Paraders, students participated in the Junior Judging where students were set the task of judging animals. We then spent the night camping under the stars with much cooler temperatures than everyone at home was feeling.

On Thursday morning the steers were groomed again and it was their turn to be judged on the hoof. Following the competition the steers were loaded on a truck and were judged on the hook. In this part of the competition we placed 1st and 4th.

I would like to congratulate all the students involved in this long project. They did a great job and represented themselves and the school with great pride. I would also like to thank Peter Jones and his son Matthew for all the extra work they put in to getting the steers ready and Mark Bradshaw for coming to Walcha. Thank you to Hazell’s Farm and Fertiliser for your sponsorship.

Paiton Muller, Jack Pickering, Brooke Fishenden and Tim Hassan

Mrs Roser